

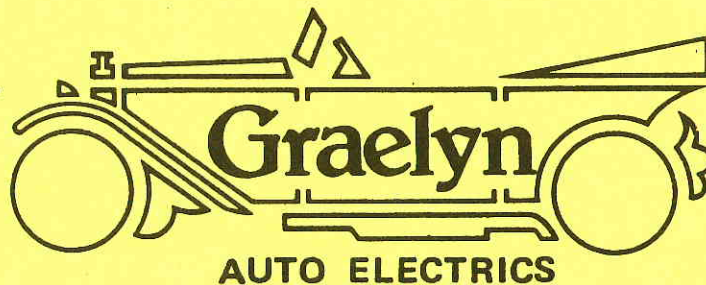


FREE WHEELING



BIRDSVILLE RACE TRACK
1983

OCTOBER '84

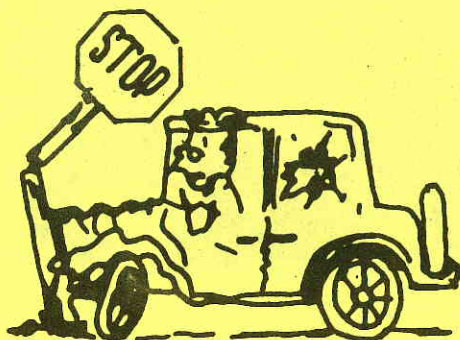


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WHEEL CYLINDER
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VICTORIAN FOUR WHEEL DRIVE CLUB



COMMITTEE 1983/84

| | | | | | |
|-------------------------------|---|------------------|--|----------------|--|
| PRES | PETER ROWE 6 Bickford Pl., HALLAM 703 2346 | VICE PRES | David Heard 43 Mortimore St. Moorabbin 557-5915 | SEC | TOM BRACHNA 11 Sunnyvale Crk., HAMPTON PARK 799 1998 |
| TREAS | DON MONTAGUE 9 Coronation St., MT WAVERLEY 288 1200 | ASS SEC | David Hocking 1. Lorraine St. Cheltenham 583-1987 | SOC SEC | THELMA MONTAGUE 9 Coronation St., MT WAVERLEY 288 1200 |
| COMMITTEE | Patrick Casey 11 Patterson St. Carnegie. 570-6452 | | Andy Williams 43 Hamel St. Box Hill 232-7840 | | Gerry Lavery Lot 1 Swans Road Bacchus Marsh (053) 67-2899 |
| ASSOCIATION DELEGATES: | | | Mark Templeton 798-6055 | | Gerry Lavery (053) 67-2899 |

TRIP CLASSIFICATIONS:

'A' Grade: Extensive use of 4 WD: Tracks may be difficult to negotiate - chains should be carried along with towing slings and anchor points: good winter tread pattern tyres are a must. Trip leader has the right to refuse a vehicle if above points are not met. Types of conditions likely to be met include: steep climbs and descents on all surfaces - rocky, muddy etc., mud & snow, deep river crossings and overgrown tracks.

Max. six vehicles.

'B' Grade: Virtually same conditions as 'A' Grade but track condition is more favourable: Good tyres are a must as well as necessary recovery gear.

Max. 10 Vehicles.

'C' Grade: Very limited use of 4 WD. These trips include car rallies etc. Type of tyres does not matter and recovery gear not essential.

No maximum number of vehicles.

In all above cases vehicles should be in sound mechanical condition and carry the basic spare part requirements as listed in previous Newsletters.

The Committee would like to express the fact that if in the opinion of the trip leader a vehicle is not suitable for a trip, then that vehicle may be refused permission to partake.

Newsletter items to

Ray West by General Meetings.

Radio Officer

Geoff Mann 233 2229 10 Fernhill St., Glen Waverley.

Club has one radio for hire at \$1.00 per day, or free if you are leading a trip.

All enquiries must go through the officer regarding purchases, licenses etc. —

OCTOBER 1984 PRESIDENTS REPORT.

Hi Members,

For Members who weren't at the last meeting, our Club is now Incorporated as of 29th August. So we will now be known as V.F.W.O.C. inc. By the look of the calendar, October is to be a very busy month, I hope the weather improves quite a bit for all concerned going on trips, nav trial etc.

The second trip over Cup weekend to the Upper Darco area is cancelled, Ralf thought it would be better to hold that trip later, in fact Ralf will be doing a weekend trip November 24th-25th, it will be an A-B trip, leaving Stamford Pub 7am on 24th November, details in calendar.

I will lead a trip to the Benambra area over Xmas, those wishing to leave before Xmas I will leave Hallam Pub, Saturday 22nd December, at 7 am. Those wishing to leave Boxing Day that will be OK for there will be someone leaving then, details later on that, returning to Melbourne either on New Years Eve or New Years Day.

Looking into 1985 the Club trip will be of 4 weeks duration up to the Gulf Country, Bourketown - Normanton, type places leaving Saturday 10th August, returning September 7th. More details of route etc., later on as its known.

Last meeting a mystery bus trip around town as a social outing was discussed if anyone has any ideas could you let one of the Committee know or use the suggestion box, it sounds like it could be great fun.

Last meeting we joined 2 new members, John Molin and Richard Rycken, welcome to you both and any other new members I missed.

No one won the raffle last month as I forgot to buy one, will do better next month.

See you at the next meeting, October 30th.

THE PRES.

Thanks go to Vin Handley for supplying a copy of the 1974 Newsletter, reflecting the happenings within the club 10 years ago. A reprint appears in this issue.

FOR SALE

GENERATOR KAWASAKI

Model K G 900

Volts 220v

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Power 810VA (1 KVA)

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Very little use. Price \$ 500.00

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R
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R

Ming Horse Fri 23rd November 1057 Burwood Hwy F.T.Gully Ann Night Out.7pm.

Bimbimbi Wildlife Park 9th Dec Father Xmas (bring presents for children)

10th Anniversary glasses. Final orders being taken \$ 2.00 each.



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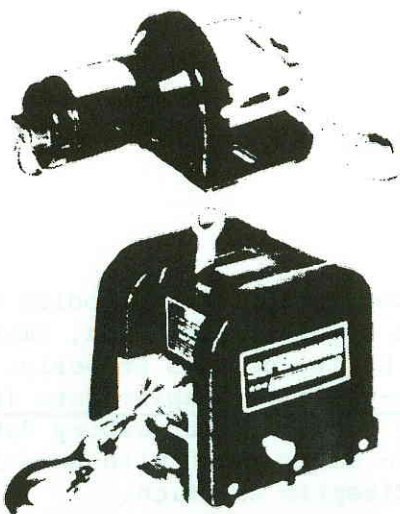
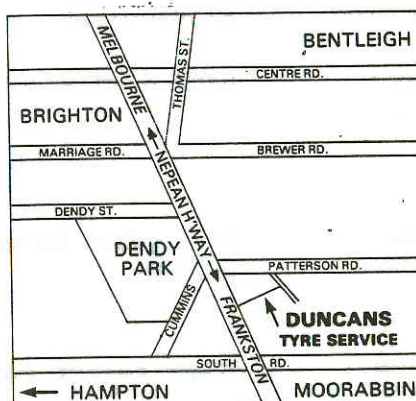


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Levo Guages
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FIRST AID

| NUMBER | SIZE | ITEMS | USES |
|-----------------------------|-----------------------|---|---|
| <u>CLEANING ITEMS:</u> | | | |
| 5 | | Non-Alcoholic wipes, individually wrapped. | Cleaning small areas around wound. Sticky tape will not stick to greasy skin. |
| 1 | 125 g | Antiseptic soap in sealing plastic bag. | Cleaning your hands before attending patient's eyes or wounds (other than haemorrhage). |
| 6 | Small | Disposable towels e.g. large "Chux" towels. | Drying; assist major bleeding control. |
| <u>COVERING FOR WOUNDS:</u> | | | |
| 2 | Med (9 x 11 cm) | Prepared wound dressings. | For larger wounds. Effectively controls bleeding when firmly applied. <u>Do not use on open fractures.</u> |
| 1 | Lge (15½ x 12½ cm) | | |
| 2 | Med (10 x 20 cm) | Prepared dressing pads. | Made of combined dressing (gauze/cotton wool). For small to large weeping/oozing wounds which do not need very firm pressure. |
| 3 | Lge (20 x 20 cm) | | |
| 2 | 7.6 x 10 cm | Non-stick <u>sterile</u> dressings. | Useful on burns or other areas where skin is broken and ordinary dressings stick. |
| 1 | 7.6 cm wide | Elastoplast | For minor wounds; cut to size. |
| 1pkt | Several sizes | Band-aids/shapes | Very minor wounds. |
| <u>BANDAGES:</u> | | | |
| 3 | 1 m wide | Triangular bandages (cloth) | Sling; broad/narrow bandage to support injured part or retain dressing/pad; firm pad when folded small. |
| 1 | 7.5 cm | Crepe roller bandage | Hold light dressings in place; support forearm, hand, thumb/fingers. |
| 1 | 2.5 cm | | |
| <u>ADHESIVE TAPES:</u> | | | |
| 1 | 7.5 cm wide | Zinc Oxide tape e.g. Leucoplast. | Strong tape. "Breathes". |
| <u>EYE CARE ITEMS:</u> | | | |
| 2 | Sachets | Sterile saline solution for irrigation (note expiry date) | To wash out small foreign bodies trapped under the eyelids, e.g. dust, smoke. Be shown how to do this properly. <u>Do not re-use after expiry date (no longer sterile).</u> Replace after expiry date. Can irrigate a dirty wound with this in place of an antiseptic solution. |
| 2 | pairs | Eye pads. | To properly rest the bad eye, the good eye should be rested. |

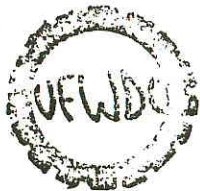
| NUMBER | SIZE | ITEMS | USES |
|--|--|---|---|
| <u>MISCELLANEOUS ITEMS:</u> | | | |
| 2 | 30 x 40 cm | Plastic Bags | Half filled with crushed ice as ice-pack. Seal for penetrating chest wounds; container for amputated parts. |
| 5 | Med & Lge | Safety pins | |
| 1 | 13 cm | Scissors | For cutting gauze, clothing. |
| 1 | 12 cm | Tweezers (sharp ends) | Removing splinters, etc. |
| 1 | | Notebook & Biro | Record of patient's name, history, diagnosis, etc. to go with patient to medical aid. |
| <u>SUBSTANCES FOR TOPICAL APPLICATION:</u> | | | |
| | | Antiseptic solution (1% in H ² O) | Must have graduated container, graduated dropper. |
| 1 tube | 25-30 gm | Cream for insect stings (e.g. "Evrax" or "Stingose") | Soothe itchy bites or stings. Do not use near eyes. Use as little as possible on any one person as sensitisation may develop. |
| 1 | 15ml decanted into unbreakable unsquashable bott (e.g. plastic eye dropper with secure leakproof lid). | Friars Balsam (also called Tincture of Benzoin Compound or Tinc. Benz Co) | Seals and protects broken foot blisters prior to adding protective adhesive tape. Aids coagulation of leech bites. |
| 1 | 100ml spray-on or tube cream. | Sunburn prevention solution. | (PABA in alcohol). Apply before and during exposure. <u>Keep away from eyes and mouth.</u> |
| <u>SUBSTANCES TO BE TAKEN INTERNALLY:</u> | | | |
| 1 pkt | 20 tabs. | Glucose tablets. | Instant energy source for conscious hypoglycaemic patients. Reassuring placebo. |
| 1 pkt | 24 tabs foil packed | Soluble aspirin 300 mgm. (adults) | 2 tabs every 3 hours for pain. Give patient plenty of fluids. |
| 1 pkt | 10 tabs foil packed | Soluble. Paracetamol (children) | See pkt directions and follow them exactly |
| 10 | foil wrapped | Throat lozenges antiseptic septic only. | Soothes sore throat take exactly according to instructions on packet. |
| 10 | foil wrapped | anti-tussive only | Helps stop cough |
| 10 | individually wrapped | Antacids | To relieve indigestion and heartburn. |
| 1 | soft | Toothbrush | Clean gravel rash. |
| 1 | sizes as aval 1m ² bags 2m x 1m sheets | Plastic sheeting or large garbage or foil rescue blanket. | Use as groundsheet, cover over patient. |

VICTORIAN

P.O. BOX 110
DANDENONG.

FOUR

WHEEL



DRIVE

CLUB

OFFICIAL NEWSLETTER

NOVEMBER 1974.

OCTOBER MEETING REPORT.

Following general business at the October meeting, the entertainment was provided by Bill McKinnon in the form of 3 8mm movies of Four Wheel driving. These films were enjoyed and appreciated by all who attended.

2 DAY EXCURSION TO KING RIVER HUT.

A convoy of six vehicles left the Stamford Hotel shortly after 8pm Friday 18th. October. After travelling a short distance the vehicles became separated and did not meet again until midday Saturday at the King River.

Owing to the bridge being washed away in recent floods we were unable to reach King Hut by vehicle. Some of the more energetic members crossed the river and walked about a mile to the hut.

On Saturday afternoon some of us drove to Binderi with plans of doing a bit of fishing. This was not to be as much of the time was taken clearing the track in.

A cold night was spent at the camp near the King River and about midday Sunday the vehicles were packed and the journey back to Dandenong was commenced during which many photographs were taken.

Although we did not arrive at the planned destination the trip was enjoyed by all.

Report by Social Sec
Tim Cox.

PROPOSED NOVEMBER MEETING.

On Tuesday November 5th. 1974 club business will include the presentation of our club excursion rules. These rules were prepared by the club committee at a meeting on October 22nd. Entertainment at the November meeting will be provided by various club members in the form of slides and movies.

PROPOSED EXCURSION FOR NOVEMBER.

At the monthly committee meeting on October 22nd. it was decided to prepare plans for two trips for the weekend of November 23rd. and 24th. The final decision as to which one of the proposed trips will eventuate will be decided at the November meeting. The first proposed trip is a one day trip to Walhalla leaving at 8am on Sunday November 17th. proceeding along the Princes Highway to Moe and then to Walhalla where we will partake in a Barbecue lunch, then we will journey back to Moe to visit the Folk Museum.

The second proposed trip is a two day excursion to Bells Flat leaving at 8pm on Friday November 29th. proceeding along Princes Highway turning left at the Robin Hood Hotel, travelling through Neerim South, Noojee and then into Bells Flat where we will set up camp for the weekend. We return to Dandenong on Sunday evening.

A vote will be taken as to which of these trips will be suitable to the majority of club members.

HAVE YOUR SAY.

Club members are invited to have their say in our newsletter. If you have any suggestions or ideas as to club excursions, outings, or anything in general which would be of interest to other members, please forward your letter to "Victorian Four Wheel Drive Club", P.O. Box 778, Dandenong. Two letters will be published monthly.

WHO WAS IT.

Who was the club member who whilst on our October excursion to King River, dropped his Cannon Movie Camera in about 3 feet of water.

XMAS BREAKUP.

An evening at the Baron of Beef Restaurant in Sherbrook Forrest has been arranged for Sunday November 24th. Unfortunately the committee could only organise a booking for 20 persons on this night, as there were no further vacancies between now and Xmas. We had to settle for this booking so a barbecue will also be held in mid December as our official club Xmas function. The Venue for this has yet to be decided.

CLUB SWEEP SPECIAL EFFORT.

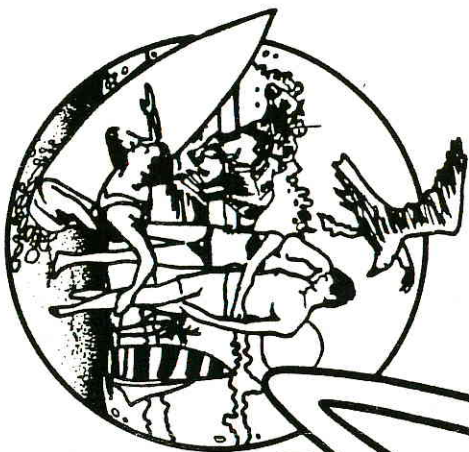
The Melbourne Cup Sweep which was ran in conjunction with The Australian Deer Association raised \$91.00 for our club. Many thanks to all members and others who assisted.

FOR SALE.

'72 Holden Monaro,
Excellent Condition \$3,200.
Enquiries should be made to Clive Hughes
C/- 795 2139

| MONTH | TRIP DATE AND PUBLIC HOLIDAYS | TRIP LOCATION | DEPARTURE TIME AND LOCATION | TRIP LEADER/S | CLASS | SOCIAL FUNCTION TRIP DETAILS |
|-------------------------|-------------------------------|---|------------------------------------|---------------------------------|----------------|--|
| AUGUST | 26th 2 pm Start | Film day & Night Mentone Grammar Sp.Gd. B.B.Q. | | T.Hincks | Social | B.Y.O. Meat, Grog, Films. |
| | 31st Aug | Restaurant Night (BEITH'S) Epicurian | | David Heard | Social | 308 Koonang Road Carnegie |
| SEPTEMBER | 8th & 9th Sept | Noojee Area / Noojee Pub. | | Andy Merlo | B.S. | Stay at Noojee Pub O/Night |
| | 23rd Day Trip | Kildon Area (8.00am Opp Y/V Toyota Lily.) | | Dave Hocking (Trevor Nelson) | B | |
| OCTOBER | 6th & 7th Oct | Wine Trip Rutherglen Area 7pm Fri (Big Flag) | | Don & Thelma | B.C.S. | Saturday Night |
| | 20th & 21st Oct | Nav Trial (Daylesford/Trentham) G.R. 634486. | | Pat Casey | B.C. | Tea at Corowa Golf Club |
| | 19th & 21st Oct | Motor Cycle & 4 WD Show Exhibition Bdg. N...Vic. | | Combined Exhibit | S. | Start G.R. 772499 See detail. This issue. |
| NOVEMBER | 26th 27th 28th Oct | Boho Bounce | | G.V. 4.W.D.C. | A.B.C.S. | Latest Advancements 4X4. Trips, Contests, Night Dance |
| | Cup W/End Fri 2-Tues 6th | Portland Sand Dunes Area | | T.Hincks/P/land | A.B.C.S. | Sand/Forest/Fishing |
| | Sun 18th Nov 10am-4pm | Field Day L.R.O.C. Whittlesea Sh, Gds. | | L.R.O.C. | Informative | Demo 4WD Equip & Accessories |
| DECEMBER | 10th & 11th Nov. | Forrest Frolics | Otway Ranges | W.D. 4WDC. | A.B.C.S. | End of year night out. |
| | Fri 23rd 7pm | Ming Horse Restaurant | F.T. Gully B.Y.O. | Club Committee | Social (Dance) | 7am Stamford Hotel Sat 24. |
| | Sat 24th-Sun 25th | Bulla Stirling Rose Riv Area 7am | | Ralph Kannegiesser | A. B. | Father Xmas. Have presents ready at meeting prior to date. |
| IMPULSE TRIPS CONTACT:- | 9th Dec | Bimbimbi Wildlife Park Annual Xmas Picnic | | S. Claus. | S. | Two departure dates. |
| | 22nd & 26th Dec- 1st Jan. | Benambra Area | 22nd Hallam Pub 26th Hallam Pub | P. Rowe V. Handley | B.C. | Co-ordinator only, Not necessarily trip leader. |
| | OCTOBER November | Dave Hocking Ph. 583-1987 Gerry Lavery Ph (05) 67-2899 | | | | |

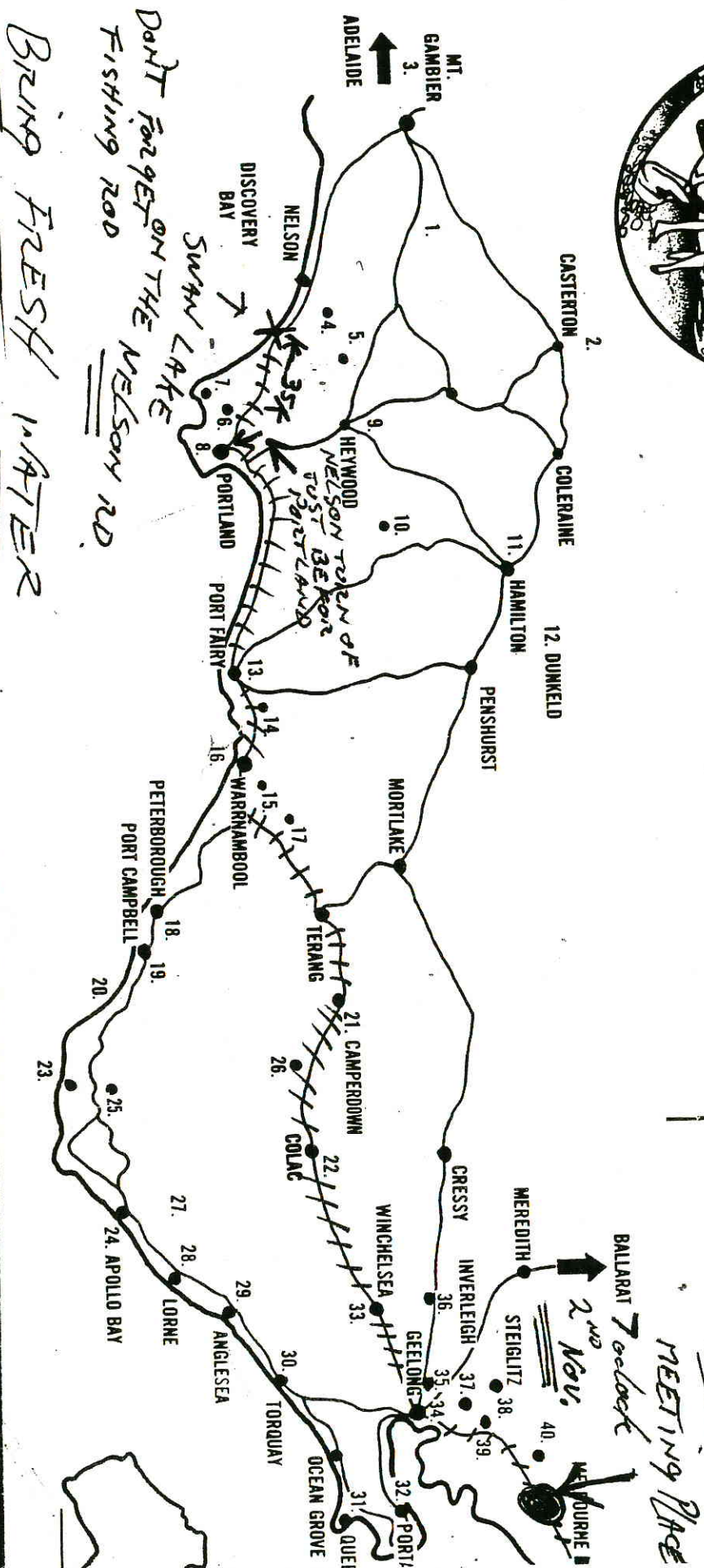
IF YOU REQUIRE ANY MORE INFORMATION
PHONE TERRY HINCKS 7983798

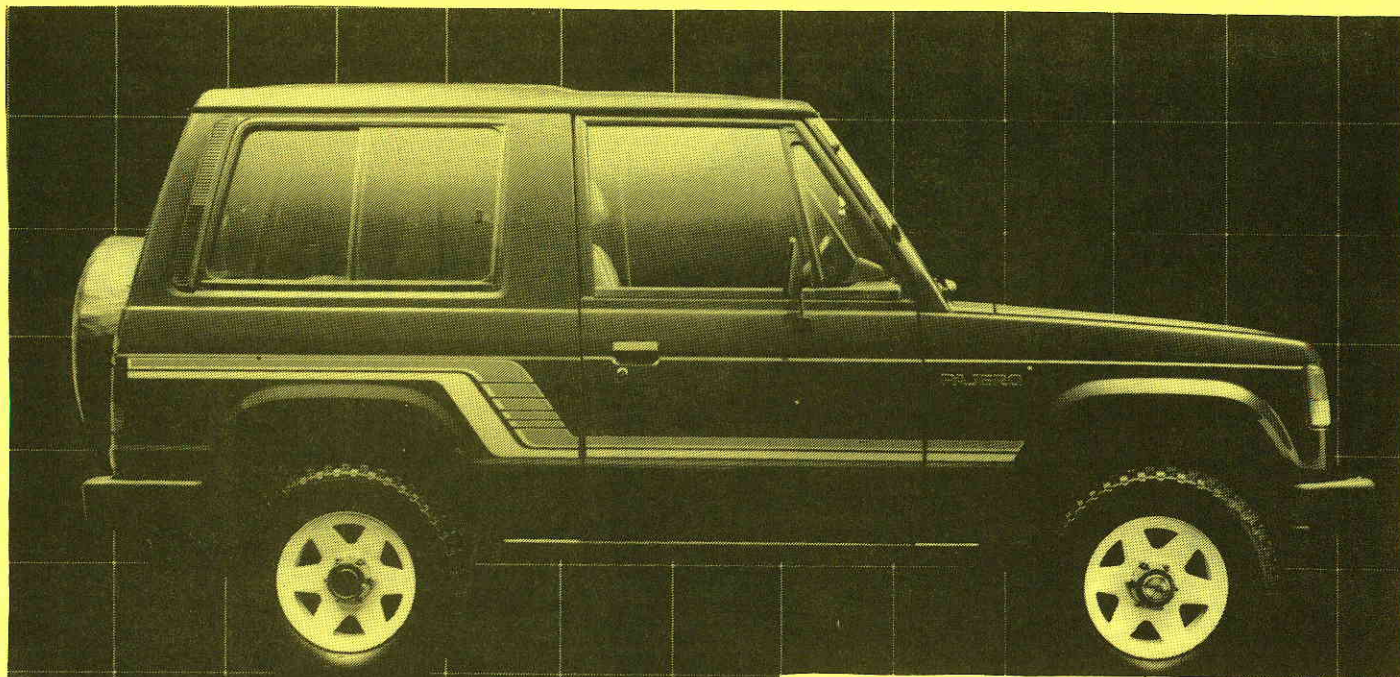


West Coast

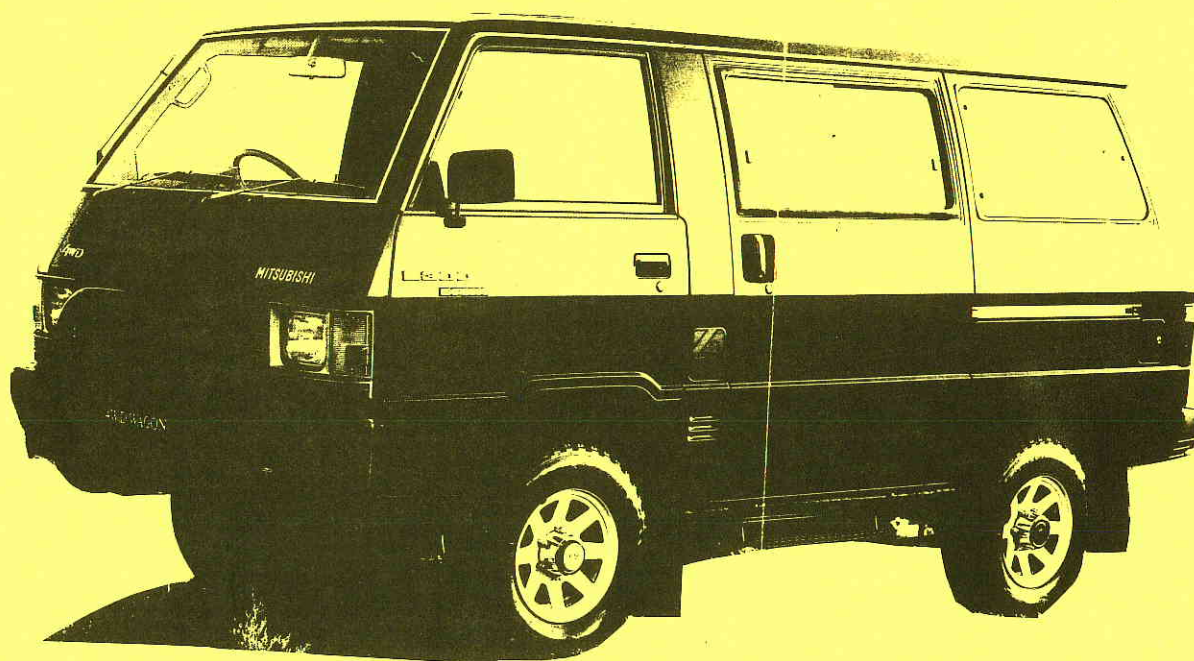
PORTLAND-Discovery Bay
Nov. 3RD 4TH 5TH 6TH

MELB. COV WEEKEND.





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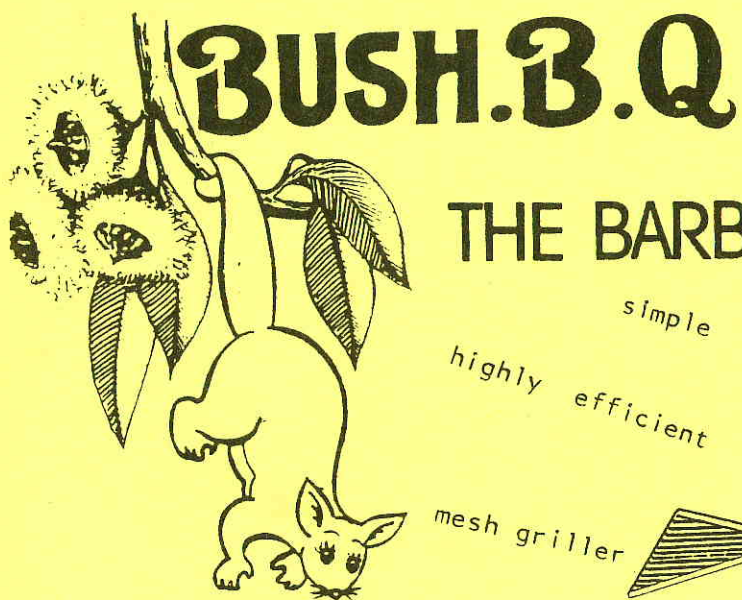


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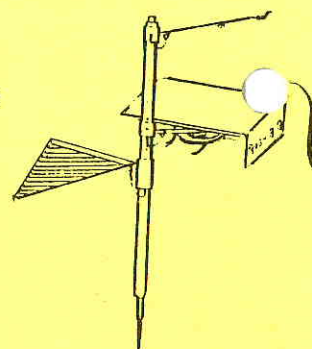
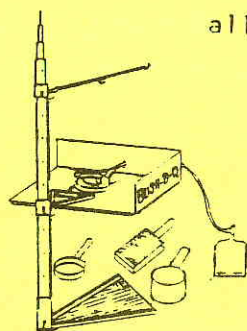
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